



Sample Menu

**DAILY BREAKFAST**

A CHOICE OF CEREALS, TOAST, COOKED BREAKFAST, FRESH FRUIT, PASTRIES, TEA, COFFEE AND FRUIT JUICE

**LUNCH**

TWO DAILY CHOICES SUCH AS ROAST OF THE DAY, FISH, LASAGNE, CASSEROLE, HOTPOT, CHILLI CON CARNE, SAUSAGES OR PIE

VEGETABLE OPTIONS SUCH AS CARROTS, CAULIFLOWER, MASHED ROOT VEGETABLES, BROCCOLI, SWEDE

CARBOHYDRATES OPTIONS SUCH AS ROAST POTATOES, BOILED POTATOES, MASHED POTATOES, DAUPHINOISE POTATOES OR RICE

TWO DAILY DESSERT CHOICES SUCH AS STICKY TOFFEE PUDDING, CLOTTED CREAM RICE PUDDING, APPLE CRUMBLE, BREAD & BUTTER PUDDING, SEMOLINA OR CHOCOLATE CHIP SPONGE CAKE

OTHER OPTIONS AVAILABLE ON REQUEST

**AFTERNOON TEA**

A SELECTION OF HOMEMADE CAKES, FRESH FRUIT, BISCUITS, TEA, COFFEE & HOT CHOCOLATE

**SUPPER**

A LIGHTER MEAL WHICH INCLUDES SOUP OF THE DAY, SANDWICHES, COOKED OPTIONS SUCH AS JACKET POTATO, OMELETTE, PIE, QUICHE

DESSERT OPTIONS SUCH AS GATEAU OR CHEESECAKE

SNACKS/DRINKS AVAILABLE 24 HOURS A DAY ON REQUEST

**ALLERGEN INFORMATION AVAILABLE ON REQUEST. PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES OR INTOLERANCE**

**POCOMBE BRIDGE, EXETER, DEVON, EX2 9SX**